**Support and Resistance Strategy With RSI**

**How to trade with Support and Resistance Levels:**

Support → Where falling stock will stop falling further is called support level.

Resistance → Where growing stock will stop growing further is called resistance level.

We should buy the stock at support level and sell the stock at resistance level in normal tradings.

Volume at the resistance and support level decides the continue railey of the trend.

If at resistance the volume is higher then → It may be change that stock will continue in uptrend and will break its resistance level. It will no longer return from the resistance.

We should consider proper time frame as per our trading strategy:

For interaday → 1 min/ 3 min time frame

for swing Trading → 15 min/ 1 hr time frame.

**At which Support/Resistance we have to Buy/Sell the stock:**

1. When RSI is oversold i.e. RSI <= 30 and Stock is on Support:

Buy the stock

2. When RSI is OverBought i.e., RSI >= 70 and stock is at resistance level:

Sell the stok or Book profit

This strategy is applicable for Interaday and swing tradings.